It is about time we paid you the credit you deserve.

Instead of starting Your Choice by telling you about what we have achieved and delivered, we’d like to say a big thank you to all of you for some of the things you have allowed us to achieve. With your help, we have been able to enhance the experience for our patients and their families and for that we are truly thankful.

Rotherham Health Foundation and Rotherham Hospital Charity exist to enhance the facilities and experience our patients receive, over and above what the NHS can afford. In the last six months, the Charity has received the most amazing support from our Members and Governors. Your support has blown us away.

**Purple Butterfly Appeal**

Designed to improve the experience of patients and their families at the end of life, this appeal has received a huge boost by people like you baking cakes, making jams, doing crazy sponsored activities, holding events and even donating artwork and other gifts.

It really all does make a difference and thanks to the efforts of all our supporters we are now developing two new facilities to provide a better, home from home, environment for patients and their families at end of life. Work will start on the new en-suite family rooms in the coming months and patients will soon start to see the positive impact of your hard work and kindness.

**Dr Ted’s Children’s Appeal**

And then there’s the kids… We have always received donations to enhance the experience of children, babies and their parents but we are pleased to announce that we are launching a new appeal and would like to introduce you to Dr Ted.

Many of you have already contributed to this appeal over the Christmas period, providing funds to purchase toys and games or a gift from Santa. We hope you will continue to show your support as we raise funds, amongst other things, to improve facilities for parents who do not want to leave their child’s bedside.

And finally, if you attended any of our events over the Christmas period – the Christmas Fair, the Carol Concert, our Brass Band or Carol Singers in our Community Corner – you will have all played a part in this. Thank you for helping us to start the New Year with a real bang.

Thank you for making a real difference!
In 2012, the Islamic holy month of Ramadan starts around 20th of July and ends around 18th of August.

Ramadan is celebrated each year in the ninth month of the Islamic calendar. During this month, Muslims around the world spend daylight hours fasting in order to refocus their attention on God and practice self-control.

Due to Ramadhan taking place during the summer this year, when the days are very long, some Muslims may find it very challenging to fast from dawn to dusk.

As Muslims follow a lunar calendar, Ramadhan begins ten days earlier each year so it falls during both the winter months and the summer months in a person’s lifetime.

During Ramadhan, Muslims refrain from eating, drinking, smoking and all bodily pleasures during the hours of daylight. Fasting is compulsory for those who are mentally and physically fit, past the age of puberty and are not undertaking a long journey.

When hungry and thirsty, there is increased compassion for those in need of basic necessities of life, a sense of self-purification and reflection and a renewed focus on spirituality. It is an opportunity to practice self-control and to cleanse the body and mind during this month. This is a time for charitable giving too.

Through Ramadhan, Muslims take on an annual lesson in self-restraint and discipline which can carry forward to other aspects of a Muslim’s life such as health, work and education. Good habits formed during Ramadhan, like stopping smoking, avoidance of snacking and donating to charity should continue all year round.

Just after Ramadhan, Eid is celebrated. This is one of the biggest Muslim Festivals and is celebrated with special prayers, special foods, family gatherings, exchanging gifts and donating to charity. Locally, the Trust’s staff work with community organisations to promote relevant health messages, so patients and the public can experience a safer and healthier Ramadhan.

In 2011, women from Tassbee, a community group for socially isolated Black and Minority Ethnic women, were invited to our ‘Come Dine with Us’ event and this involvement resulted in a change in the feedback influencing a change in the hospital’s menu. Chapatti is healthier and a community group for socially isolated Black and Minority Ethnic women, were invited to our ‘Come Dine with Us’ event and this involvement resulted in a change in the feedback influencing a change in the hospital’s menu. Chapatti is healthier and a much more easily digested food, especially when you’re feeling unwell.

The Real Financial Challenge

The Real Financial Challenge

The size of the financial challenge facing the NHS in the UK over the next three years is immense. The required efficiency saving nationally is £20 billion which is one of the biggest challenges that the NHS has encountered in its history.

The Rotherham NHS Foundation Trust (TRFT) has worked hard during 2011 to deliver savings and continues to stay on track to deliver its plans to tackle further efficiency savings over the next three years. This financial pressure will continue to force the Trust to improve efficiency by adapting to new ways of working and providing services in different ways.

The Operating Framework continues to apply pressure on the NHS. Here at TRFT we are driving the change and transformation necessary to enable the Trust to offer the highest quality of services to patients within a much tighter budget. Some of the areas where the Trust will be concentrating its efforts in order to seize opportunities include addressing ways to prevent avoidable admissions and reducing lengths of stay further improving the patient journey between hospital and community services.

The amount of efficiency savings we have to make will inevitably result in the Trust having to look at all our costs, including staff costs. In 2010/2011 we spent just under 70p in every £1 on salaries and wages, our staff are our biggest asset but also our biggest expenditure. Through a detailed review of our workforce, the Trust will attempt, in so far as is possible, to manage staffing levels through the process of natural turnover and retirement, though this cannot be guaranteed. What can be guaranteed is that any changes we make will not compromise our number one priority – the care we deliver to our patients.

To relieve some pressure from the Trust’s services we have been working hard to ensure that the people of Rotherham choose the right care for them. The winter period is an even busier time for the Trust, our Accident & Emergency Department sees a lot of people with broken bones, or sprains due to ice and snow. We continue to encourage members of the public to help us by making an informed choice about their care. This will help our A&E to manage their time with patients who really need emergency treatment. It may be that A&E is the right place for many patients but we still see people with minor conditions, coughs, colds or the flu which can then put our staff and other patients at risk of infection. There is lots of information on the internet to help patients choose a care provider more effectively, but obviously our advice to anyone who feels they really need emergency care is to come to A&E. For more information visit www.choosewell.org.uk
Spooky event marks the start of a new partnership

The Rotherham NHS Foundation Trust has formed a dynamic new community partnership with Rotherham College of Arts and Technology.

The partnership began at a Halloween themed coffee morning which took place in autumn 2011. The spooky event was attended by TRFT’s intrepid involvement team duo, Lorraine Brinnen and Tracy Williams, who thoroughly enjoyed getting to know students and staff throughout the morning.

Garish cakes, biscuits and crafts were sold at the event and the college’s Foundation Students had decorated their hall at the college’s Rother Valley Campus with cobwebs and broomsticks to ensure that everyone attending got into the spirit.

Shortly after the event, a dozen students visited Rotherham Hospital to discover more about hospital life and in particular the role volunteers play in health care settings. The students were amazed to find that such a variety of roles existed at TRFT and were inspired by the ways that volunteers and community groups often help deliver health awareness messages like “Self Care Week” within the Community Corner area of the main entrance.

Over the festive period the Trust and the college worked closely together to raise funds for Rotherham Hospital Charity’s Purple Butterfly Appeal and Routes Enterprise, which directly benefits the Foundation Students at Rother Valley Campus. Craft items such as calendars, coasters and key rings, were sold in Rotherham Hospital’s Community Corner and added £433 to the hospital’s festive fundraising. £200 of the funds raised in the run up to Christmas was recently presented to the college, with the remaining funds going to the Purple Butterfly Appeal.

Lorraine Brinnen, Community Involvement Manager at TRFT, commented: “I’d like to say a special thanks to the college staff for their innovative support. Our new partnership shows great community spirit and brings to life our ‘Get Involved’ theme.”

The partnership between the Trust and the college is set to continue with the next project involving fundraising activities for Rotherham Hospital Charity’s Dr Ted’s Children’s Appeal. The Dr Ted Appeal aims to raise funds for children coming into Rotherham Hospital, whether it be for a visit or for an overnight stay.

For more information about how you can get involved in the Trust’s community projects contact Lorraine Brinnen on 01709 427800 Lorraine.Brinnen@rothgen.nhs.uk.

For advice about how you can fundraise for Rotherham Hospital Charity contact Tracy Williams on 01709 427589 Tracy.Williams@rothgen.nhs.uk.
Then visit www.nhs.uk/Tools/Pages/olympics-sport.aspx

This interactive tool uses a series of tests to assess your personality, skills and reflexes. It will then recommend the type of sport that suits you best and will help you get started in your local area.

Get into the Olympic spirit and kick-start your active lifestyle for London 2012

The next in our series of Top 10 Talks...

The Smoke Free Life

We would like to invite our Members to attend a Top 10 Talk entitled “The Smoke Free Life” led by staff from our Stop Smoking Service and our Communications and Involvement Team. Places are limited, so please phone Lorraine on 01709 427800 to reserve your seat.

This interactive session will focus on the Stop Smoking Service and what it can deliver. It will also provide an opportunity for Members to discuss the broader aspects of smoking – what it does to your health, how we support others to stop and what role the Trust can play in this process.

It will be held in the PGME lecture Theatre, D level of Rotherham Hospital on Moorgate Road at 6.30pm on Wednesday 14 March 2012. This date also coincides with National No Smoking Day.

Refreshments will be served from 6pm and suggestions for future talks are always welcome. We look forward to seeing you there!

Remember to call 01709 427800 to reserve a place.
Spiritual wellbeing at the Trust

As part of providing excellent care for patients, The Rotherham NHS Foundation Trust (TRFT) has a service in place to provide spiritual support for patients, their families, friends, carers and staff.

The Chaplaincy Service welcomes an approach from anyone needing support at times of illness, loss, or need. Spiritual support allows the patient to share their experience and explore any questions that may arise in a safe and confidential setting. Listening to the person in need provides an opportunity for them to work through issues such as unresolved anger, feelings of unfairness, desolation, distress and hopelessness. This patient led process affirms positively the person’s humanity, dignity, self worth and identity.

The Reverend Joan Ashton, Coordinator of Chaplaincy Services at TRFT commented: “It is important to ensure that spiritual care is seen as an integral part of the holistic care offered throughout the Trust.”

“We hope that spiritual support promotes a positive sense of spiritual wellbeing which can significantly improve the way that a patient or anyone else affected by illness will feel.”

The Chaplaincy Service acknowledges and supports the spiritual care given by all staff and facilitates its development through training opportunities which can help staff recognise and respond with understanding to the spiritual needs of the patient, family member, carer or friend.

Chaplains also offer the same level of spiritual support to all members of staff.

The Chapel located on Level C of Rotherham Hospital is always open providing a quiet space for all.

The Chaplaincy Service is available 24 hours a day, 7 days a week via Switchboard (01709 820000). For non urgent enquiries please contact: Chaplain@rothgen.nhs.uk 01709 424098.
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architects and developers and
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Rotherham has the lowest waiting times in the UK

Recent statistics from the Department of Health show that The Rotherham NHS Foundation Trust (TRFT) has the lowest patient waiting times in the whole of the UK.

The average length of waiting time for all TRFT patients is just 5.5 weeks whereas patients at other local hospitals and Trusts could wait up to 10.4 weeks for treatment.

Matthew Lowry, Chief of Rotherham Hospital says: "We are delighted to have the lowest waiting times in the country and think staff should be exceptionally proud of this achievement. This has not been achieved by accident and everyone at the Trust has worked very hard to make sure that our patients are seen as quickly as possible whilst maintaining the highest standards of care."

Reducing waiting times has been a key focus of our strategy for the last six years, since we became a Foundation Trust. This reflects the priorities of our patients and Governors. Whilst the national target from referral to treatment is 18 weeks, we have worked to a local target we set ourselves of nine weeks. Not only have we reached that, we have far exceeded it and sustained this reduction, so that on average most of our patients are seen for an outpatient appointment within ten days.

"The management team has worked closely with staff from each speciality to look at how we can make sure patients are seen quickly whilst ensuring we offer the best care possible and more choice for them too. We are very proud to deliver these low waiting times to the people of Rotherham."

Quality really does count - help us shape our priorities

For the third year, we are in the process of preparing our Quality Accounts. A Quality Account basically sets out our priorities and action plans for the coming year relating solely to the quality of the care we provide and we really would value your input.

You will all know that public organisations prepare detailed Annual Accounts each year to ensure that you, the public who pay for the services, are able to see how we are managing our finances, where we are prioritising our spend and how efficient we are running the operation.

In many ways, that’s exactly the same for the Quality Account – with a focus on quality and not financial performance. So, you could say that for a healthcare provider, it is even more important. We are here ultimately to provide high quality healthcare for the people of Rotherham and further afield.

Nationally we will have a range of priorities to focus on – reducing the number of deaths in hospital, reducing the numbers of patients who fall, reducing infection rates, pressure ulcers - and the list goes on. These are accepted priorities for all healthcare providers.

In addition though, we do have the ability to choose a number of specific priorities based on our local circumstances and what our local feedback is telling us. This is where you come in.

We are currently considering the following local priorities and would be interested to know your views:

- Improving the experience for patients at end of life
- Improving the way we manage and dispense medicines
- Improving communication in a clinical setting (including areas such as patient handovers between shifts)
- Increasing the number of nutritional assessments carried out
- Increasing the number of health assessments for cared for children
- Increasing the number of occupational assessments we undertake within 28 days of referral
- Increasing the number of health visitor first visits within 10 – 14 days
- Reducing mortality rates, focusing on consistent round the clock care
- Reducing re-admission rates

If you would like to provide us with feedback on the priorities we are considering, or believe there are other areas we should prioritise, please do one of the following:

- Visit our website at www.therotherhamft.nhs.uk and follow the links to an online survey about Quality Accounts
- Email us at feedback@rothgen.nhs.uk stating Quality Accounts in the subject line
- Call Lorraine, our Community Involvement Manager on 01709 427800
- Or write to us (freepost) at: RLXB-HECA-KEBX

This really is your health service and we would really value your input. You can help us shape the services you receive.

To see a copy of the Quality Account for 2011/2012, which shows more clearly other national targets we will prioritise in addition, please visit www.therotherhamft.nhs.uk or the NHS Choices website.
In line with this and due to 2012 being the European Year of Active Ageing, the Trust is calling upon its older Members to come forward and have their views heard. The European Year of Active Ageing aims to recognise the positive impact that older people can continue to have on society. Active ageing can give older people the opportunity to:

- Stay in the workforce for a longer period with access to learning and age friendly working conditions
- Continue to play an active role in society through activities such as volunteering, active citizenship and caring
- Live a healthy and fulfilling life both physically and mentally
- Have a voice in decision-making and research processes

The European Year of Active Ageing seeks to raise awareness and to encourage all policy makers and stakeholders to improve opportunities for active ageing in general in areas such as employment, health care, social services, adult learning, IT services, volunteering, housing and transport. 2012 will see TRFT and the NHS in general face fresh challenges therefore it is now more crucial than ever that Members have the opportunity to help influence and shape the decisions made by the Trust.

We invite all of our Foundation Trust Members to share in 'our vision' to build a healthier future together. Should you be interested in getting involved and having your say we would be happy to hear your views.

Please contact Lorraine Brinnen, Community Involvement Manager, to explore your particular area of interest.

Telephone 01709 427800
Email foundation.trust@rothgen.nhs.uk
Staff at The Rotherham NHS Foundation Trust (TRFT) participated in a week of activities to help promote Self Care Week.

Self Care Week encourages individuals to take care of themselves. Last year, from the 14th to the 18th November 2011, a series of events were held in Community Corner at Rotherham Hospital.

Community Corner is a place where local groups and services can gather to promote their campaigns and highlight the work they do. It is a dedicated display space where organisations can interact with patients, visitors and Trust staff.

During Self Care Week, a number of information stands and Trust services were present in Community Corner, situated in the Hospital’s main entrance. Patients, staff and members of the public were able to receive information and expert advice from services including weight loss programme, Reshape Rotherham, the Stop Smoking Service and Macmillan Cancer Services.

Self care means keeping fit and healthy, as well as knowing how to take medicines, treat minor ailments and seek help when needed. For those who have a long-term condition, self care is about understanding that condition and how to live with it.

Self Care Week had a special visit from Cllr. Shaun Wright, Mayor of Rotherham and Mrs Lisa Wright, the Mayoress. The Mayor took the opportunity to speak to services including one of his chosen charities, Rotherham Macmillan Cancer Support and the Macmillan Cancer Services and the Stop Smoking Service. The Mayor stepped forward to test his lung function and used a carbon monoxide detector to see if the gas was present in his system.

The Mayor commented, “I have enjoyed the way that the event here at the hospital today has been interactive using the hospital’s Community Corner to raise awareness of the risks and effects of smoking and alcohol. We can all modify our habits and take a little better care of ourselves. I found that the alcohol awareness stand had a particular impact and the visual aids used to demonstrate how much alcohol is in some drinks was really effective.”

“TRFT is doing an excellent job to promote health and wellbeing to patients and the people in the town. It is important for the people of Rotherham to take a proactive approach to their health in order to manage conditions before they get too serious. I hope that these kind of events continue to take place in the Trust and in Rotherham communities.”

Anjum Zaidi, Community Involvement Officer at TRFT, added: “It has been fantastic to see such a great turn out for Self Care Week. We hope staff, patients and members of the public have found the week of events useful and that they now have the knowledge to look after their own health with confidence.”

Self Care Week is supported by The Department of Health and NHS Choices. NHS Choices gives members of the public all the information needed to make choices about health and care.

Other services which took part in Self Care Week included: The Diabetes Education and Resource Centre, Alcohol Awareness Service, Oral Health Professionals, Apna Haq, Podiatry, Rotherham One-to-One Macmillan Support (ROOMS), Primary Ear Care, Samaritans, COPD Awareness staff, Rotherham Stay Put, Therapy Services, United Multicultural Centre, Time to Change and Mental Health Services.
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The Rotherham NHS Foundation Trust
Summit Update

The Trust recently held a Summit which saw 100 members of staff (including clinical leaders, senior managers, the Trust’s Executive Team and Non-Executive Directors) come together to discuss and share ideas about the future plans for the Trust. These events are opportunities for great ideas to be shared amongst our dedicated workforce.

Attendees were asked to participate in debates and workshops throughout the day in reference to the emerging landscape for the NHS and to deliver ideas regarding wider engagement of the leadership community and addressed how we can ensure success in future years. Real life scenarios were put to the working groups in which strong discussions took place, some people in favour and some were not. Examples of topics discussed included: Whether the Trust would develop new services if there is a gap in what is available in Rotherham; whether we would look to reduce follow-up appointments and other activities in line with national average. Everyone’s views were documented and will form the basis of future decisions.

At The Rotherham NHS Foundation Trust we believe that healthcare is not a job, it’s a passion. If you believe that too, then do consider becoming a Governor and help support us in realising our ambitions.

For more details, please contact Lorraine Brinnen, Community Involvement Manager.
Telephone: 01709 427800
Email: foundation.trust@rothgen.uk

Joseph Lister’s centenary comes at the time when The Rotherham NHS Foundation Trust is celebrating having amongst the lowest infection rates in the UK.

Rotherham Hospital has had zero cases of hospital acquired MRSA bacteraemia (MRSA in the bloodstream) in the past 22 months (March 2010 – February 2012).

As Professor of Surgery at Glasgow University, Joseph Lister was very aware that many people survived the trauma of an operation but died afterwards of what was known as ‘ward fever’. Lister successfully introduced carbolic acid, now known as phenol to sterilise surgical instruments and to clean wounds, which led to reducing post operative infections and made surgery safe for patients. He also developed absorbable ligatures and the drainage tube, both of which have come into general use for wounds and incisions.

The fight against hospital infections continues with new developments, new technology and also new challenges.

The Trust has a stream of infection prevention and control measures in place including a stringent hand cleanliness procedure which must be followed by visitors and staff coming into the hospital in order to keep bacteria and infections at bay.

In environments such as hospitals and nursing homes where patients with open wounds, invasive devices and weakened immune systems are at greater risk of infection than the general public, reducing and eliminating infections such as MRSA is a high priority for the Trust.

To help us in our fight against infection, please observe the principles of hygiene and infection control by washing hands, using hand gel and not coming into hospital or clinics when suffering from an infection or virus.

2012 marks the centenary of Sir Joseph Lister, a British Surgeon who is regarded as the founder of antiseptic surgery.
The tradition of New Year Resolutions dates back to 153 B.C. and ever since we’ve been making and breaking them!

The idea behind making a resolution is that we take something that is important to us like losing weight, giving up smoking or spending more quality time with family. In order to keep our resolutions we must have the motivation to stick to our plan and make a positive change. The best way to break an old habit is by simply practicing the new one over and over again until it becomes an unconscious ritual just like the old one.

Research has shown that people are more likely to be successful with help and support than trying to do it alone. In fact you’re up to four times more likely to succeed stopping smoking for example, with some help.

Stop Smoking Service
Many smokers want to quit but aren’t sure how to do it...

The Stop Smoking Service at The Rotherham NHS Foundation Trust was developed by experts and ex-smokers and is delivered by NHS professionals.

The service provides free advice and tools that work. You can choose the style of support you prefer (group, one to one, drop-in or telephone) and can create a quit plan that fits your lifestyle. Help is available throughout the day, most evenings and Saturday mornings.

You can also give yourself the best chance of quitting and save up to £180 at the same time with free nicotine replacement therapy (NRT)*

Our Stop Smoking Service hold frequent sessions in our Community Corner area and we intend to make a lot of noise in support of Stop Smoking Day on 14th March 2012.

Find out how we can help you quit smoking for good by calling us on 01709 422444

*Free NRT terms and conditions apply. See www.therotherhamft.nhs.uk/stop_smoking_service

Reshape Rotherham
Statistics from Reshape Rotherham suggest that an impressive 94% of those attending its classes lose 3% of the weight they were at the start of the course.

Reshape Rotherham is a free weight loss service aimed at anyone registered with a Rotherham GP with a BMI of 25 and above. Classes take place for one hour per week and the course lasts for 10 weeks in total. The course teaches participants how to make simple changes to their diet and lifestyle helping participants to lose weight slowly and to keep the weight off in future.

Reshape Rotherham has helped almost 800 people from across the borough to shed weight since it was set up by The Rotherham NHS Foundation Trust (TRFT) in 2009.

Courses are free and are run across Rotherham in the daytime, evenings and Saturday mornings. Groups are run for a whole host of people wanting to lose weight, for example, ladies only, people who have diabetes and those who suffer with polycystic ovary syndrome. There is a Reshape class out there for everyone.

If you are looking to control your weight, eat better to feel better and lose weight for good, contact Reshape Rotherham now on 01709 427694 to self-refer.

Stop Smoking… on Trust premises!
They say a New Year brings a new start and we are determined to get our own house in order. The Rotherham NHS Foundation Trust operates a SMOKE FREE policy and all our sites are non-smoking sites.

Any of you who have visited the Trust recently will have noticed a small but growing issue with people smoking on site. We have certainly had the concerns raised by our Governors and Members about people smoking in front of our main entrance at our Rotherham Hospital site.

We would just like to reassure people that we are still operating frequent patrols in this area and continue to advise patients, carers and their visitors that they must move onto Moorgate Road, beyond the red lines if they wish to smoke.

The same rules apply for staff and we can handle any issues that arise with staff through our HR policies and procedures.

This is not possible with patients, carers and visitors. Whilst it is every member of staff’s responsibility to remind people about the smoke free policy and to ask people to move to Moorgate Road, it is a continuing challenge. Please be assured though, that we do take this issue really seriously and that we continue to work hard to try to stamp this out.
The Council of Governors
Meetings for 2012 are …

- Wednesday 18 April 2012
- Wednesday 11 July 2012
- Wednesday 12 September 2012

These public meetings will commence at 5pm and are to be held in the PGME Lecture Theatre, D Level, Rotherham Hospital. Please come along and share your views with us.

For details of our Annual General Meeting (AGM) please check on our website later in the year or contact Dawn Stewart, Corporate Governance Manager on 01709 427022.

www.therotherhamft.nhs.uk

Who’s listening? We’re listening!

Make your voice heard… and that of your friends, family and neighbours!

Trust Governors are vital to help represent the Trust’s patients, service users, staff and general public and directly challenge the Board of Directors about the Trust’s performance.

Council of Governor Elections 2012
Vacancies will exist in the following constituencies:

- Rotherham North (Kepple, Rotherham West & Wingfield)
- Rother Valley West (Brinsworth, Catcliffe, Holderness)
- Rother Valley South (Anston, Woodsetts, Dinnington, Wales)
- Rest of England (Areas outside RMBC boundaries)

If you would like to help represent our patients, the people of Rotherham and be directly involved in YOUR Trust then please contact Lorraine Brinnen on 01709 427800 for more information.

Attention all Members in the above constituencies; Whether you decide to stand for Public Governor or not, it is important to us that you cast your vote and help make a difference!

You can make a difference.

We need your help…

Postman Paul is wearing holes in his shoes…

To help save his shoe leather, can we send you future Member correspondence via email?

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How can I Have a Say about my local healthcare Trust?

Please provide your details at foundation.trust@rothgen.nhs.uk

www.therotherhamft.nhs.uk

Make your voice heard… and that of your friends, family and neighbours!

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• FREE funding for 2 year olds

Opening times:
WE ARE OPEN FROM 7.30AM TO 6PM EVERY MONDAY TO FRIDAY

Morning Session 8.00 am - 1.30 pm (includes breakfast and snack)
Afternoon Session 12.30 pm - 6.00 pm (includes dinner, snack and tea)
Full Day 8.00 am - 6.00 pm (includes breakfast, snack, lunch, snack & tea)
Early start available (7.30 - 8.00 am)

• FUNDING – When your child is old enough, he/she will be entitled to funding towards his/her education. This will be discussed with you and claimed by the nursery from Rotherham LEA.

• APPLYING FOR A PLACE – Parents wishing to apply for a place can obtain an enrolment form by phoning us on the number at top of this page or by calling into the centre.

• The nursery caters for children aged from 6 weeks through to school age.

Tot-Spot Early Years Centre Ltd
70 High Street, Maltby, Rotherham S66 7BN
Tel: 01709 798307
“Working together for older people in South Yorkshire”

Finding the right care home for yourself or a loved one can be a daunting task. Through our teams we provide stimulating and happy social environments with a range of activities, trips and events. We have worked closely with Local Authorities and Primary Care Trusts to provide care support for the elderly for over 20 years.

A welcoming and informative approach to relatives and friends is openly practised so that they are able to play a role in the care that our staff deliver. Quality nursing and residential care support is given on an individual basis, the high standards that we set ourselves are guaranteed.

Bedrooms are a place of personal space with tasteful designs and furnished to genuine high standards. En-suite facilities add to privacy, with television, telephone points and nurse call systems installed. All our staff are friendly, motivated and attuned to the needs of residents. High team spirits and professional attitudes are the key to our success. To maintain the high standards of care, our staff have an ongoing personal development programme. Wholesome and varied home cooked meals are served and special diets catered for.

Allied professional services are provided with personal choice where appropriate - eg reflexology, physiotherapy, chiropody and hairdressing. Our care also means the cultural and spiritual needs of the individual residents are respected. Motivation, self awareness and decision making is fully encouraged. All our homes provide not only residential care, but also short term respite care.

AARON HOUSE
Newly refurbished this 25 bedded residential care home provides both residential and dementia care within the heart of Ecclesall.
20 Collegiate Crescent, S20 2BA
Tel: 0114 266 0310

ACKROYD CLINIC
42 bedded home providing nursing and residential care. Situated in a quiet residential area, with mature, landscaped gardens. Located close to the local hospital.
Kingsway, 183 Moorgate Road, Rotherham - Tel: 01709 364 422

WHITE ROSE COURT
This intimate 21 bedded home with high standards of care in the heart of the community has been refurbished throughout.
40 - 42 Clifton Avenue, Handsworth, Sheffield S9 4BA
Tel: 0114 244 2310

SEVEN HILLS
24 Bed, purpose built care home providing EMI Nursing Care.
17 Cherry Tree Road, Netheredge, Sheffield S11 5AA
Tel: 0114 244 2310

TREETON GRANGE
This purpose built 50 bedded residential home has excellent facilities and standards. Set in 4 acres of mature grounds with views of open countryside.
Wood Lane, Treeton, Rotherham
Tel: 0114 269 2826

DARNALL VIEW
A purpose built, 23 bedded dementia care home, providing residential care in an appropriate setting close to all local amenities.
37 Hillsall Avenue, Darnall, Sheffield
Tel: 0114 243 3323

SWINTON HALL
27 bedded specialist care home, providing residential dementia and nursing care.
48 Station Street, Swinton, Rotherham, S64 6LU
Tel: 01709 590 911

HERMES CARE
Head Office:
Kingsway, 183 Moorgate
Rotherham S60 3AX

Tel: 0800 0352 596

Please visit our website for further details or to arrange a free visit to any of our 7 care homes.
www.hermescare.co.uk
info@hermescare.co.uk
2012 International Year of Sustainable Energy

In recognition of the importance of energy access for sustainable economic development, the UN General Assembly has designated 2012 as the International Year of Sustainable Energy for All.

Sustainable energy is the provision of energy that meets the needs of the present without compromising the ability of future generations to meet their needs. Sustainable energy sources include all renewable energy sources, such as hydroelectricity, solar energy, wind energy, wave power, geothermal energy, bio-energy, and tidal power. It usually also includes technologies designed to improve energy efficiency.

In recognition of excellent levels of dedication to the environment and sustainability, The Rotherham NHS Foundation Trust (TRFT) was named in three categories of the Public Sector Sustainability Awards 2011.

The Trust was named runner up in the ‘Best Waste Recycling Project’ for its work on waste management projects. The Trust also received a runner up prize in the ‘Innovation’ category for its work introducing the Sharpsmart Sharps Container.

A Silver award was handed out to the Trust in the ‘Overall Excellence Award’ for its approach to sustainability across the whole organisation.

The Trust was also nominated for an Environmental Practice Award at the Health Business Awards 2011 that took place at the end of 2011 and the Trust was highly commended for the introduction of Sharpsmart and also the reduction of 48 tonnes of clinical waste and waste auditing and training carried out across the Trust.

Helping to shape our future Governor Development Event

The Trust recently invited its Governors to a development event held at Rotherham Hospital which helped us to seek their views in relation to the Trust’s strategic direction. Events such as these are invaluable to us as the information gathered is extremely useful in helping the Trust to design services and to assist us in the challenging times that the NHS and the Trust face.

The event did provoke a good debate amongst groups of Governors and topics discussed ranged from the easy to do, to the harder to do; from the quick wins to more contentious issues. It was a very interactive event and will definitely contribute to our future plans.

Throughout the event, discussions included making better use of technology, transferring services to other more appropriate providers where we do not run them efficiently and transferring services into the local community and other providers in order to improve service delivery. Questions were put to the Governors, two of which included;

• How comfortable do the Governors feel about the Trust reducing the workforce in line with these externally imposed demands?
• How comfortable do the Governors feel about the Trust transferring services from hospital to community?

The feedback has been relayed to the Trust’s Board of Directors and we will ensure they are taken into account when developing our plans.